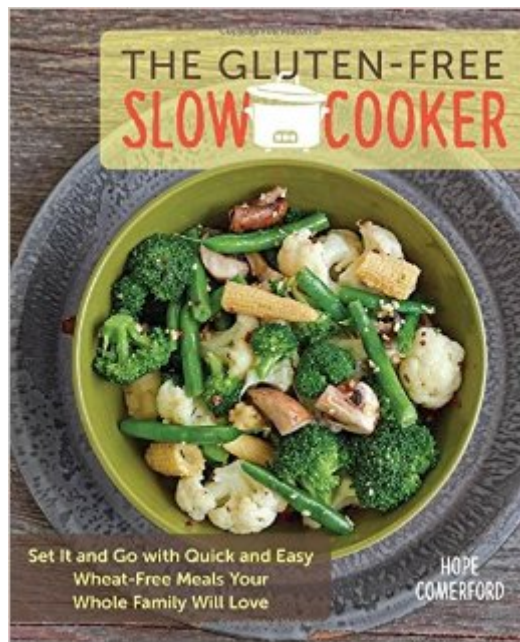


The book was found

The Gluten-Free Slow Cooker: Set It And Go With Quick And Easy Wheat-Free Meals Your Whole Family Will Love



Synopsis

Stick to your gluten-free diet while still enjoying hearty, home-cooked meals with The Gluten-Free Slow Cooker. Busy families know how challenging it is to create delicious dinners night after night that everyone in your family will and can enjoy. If you live in a gluten-free household, you may think it's downright impossible. But with the help of a slow cooker and these easy recipes, things are about to change for the better. The Gluten-Free Slow Cooker makes mealtime quick and easy. With a little prep the night before or morning of, you can come home to tasty meals that have spent hours cooking while you were out taking care of the rest of your life! Busy mom and gluten-free recipe developer Hope Comerford provides you with more than 100 recipes, from Slow Cooker Frittata with Tomatoes, Avocado and Cilantro to Korean Inspired BBQ Shredded Pork, you'll find meal ideas for breakfast, lunch, dinner, and even dessert. All with minimal prep but tons of flavor! Stick to your gluten-free diet while still enjoying hearty, home-cooked meals with The Gluten-Free Slow Cooker.

Book Information

Paperback: 176 pages

Publisher: Fair Winds Press (October 1, 2015)

Language: English

ISBN-10: 1592336973

ISBN-13: 978-1592336975

Product Dimensions: 7.6 x 0.5 x 9.4 inches

Shipping Weight: 15.2 ounces (View shipping rates and policies)

Average Customer Review: 4.7 out of 5 stars Â Â See all reviews Â (41 customer reviews)

Best Sellers Rank: #336,929 in Books (See Top 100 in Books) #68 in Â Books > Health, Fitness & Dieting > Diets & Weight Loss > Wheat Free #116 in Â Books > Cookbooks, Food & Wine > Special Diet > Wheat Free #180 in Â Books > Health, Fitness & Dieting > Diets & Weight Loss > Gluten Free

Customer Reviews

The Gluten-Free Slow Cooker Cookbook was very informative, motivational and exciting read packed with healthy mouthwatering recipes both delicious and nutritious, which not only taste good, but theyâ™re gluten-free too! All the recipes in this book are easy to structured, organized, easy to read and easy to follow. All these recipes are healthy meals great for company and the entire family to all enjoy. The cookbook contains seven parts (The basics of gluten-free slow-cooking, breakfast, starters and snacks, soups and chiliâ™s, main course meals, delicious side dishes and dreamy

desserts).Chapter 1 begins by explaining to the reader which foods are gluten-free. Comerford also useful tips and tricks about the slow cooker that will make every meal scrumptious.The Gluten-Free Slow Cooker Cookbook continues where Hope Comerford, the author shows you in a structured, easy to follow manner how to make delicious meals with her gluten-free recipes in a slow cooker. Her recipes consist of over 170 pages of gluten-free breakfasts, sandwiches, salads, pilafs, easy to make meals, soups, appetizers, snacks, desserts and much more!As you continue reading, you will find phenomenal recipes that taste delicious. The book even provides you many food entr es, which I thought was great. To see how well the recipes really were I put it to the challenge by using one of their recipes for dinner.I made the Chicken and Lime Soup with Avocado Garnish, on page 67. It was delicious and the best part was that it was actually healthy for you.I enjoyed how the cookbook provides you with the stepping-stones and techniques to make unique recipes that you definitely cannot find anywhere else.

[Download to continue reading...](#)

Hacking: Tapping into the Matrix Tips, Secrets, steps, hints, and hidden traps to hacking: Hacker, Computer, Programming, Security & Encryption Jack and the Hungry Giant Eat Right With Myplate Managing Your Family's High-Tech Habits: (From Video-Games to the Dark Side of the Web) Information Architecture: For the Web and Beyond Keep Your Love On: Connection Communication And Boundaries The Smarter Screen: Surprising Ways to Influence and Improve Online Behavior The New Rules for Love, Sex, and Dating A Lifelong Love: How to Have Lasting Intimacy, Friendship, and Purpose in Your Marriage Beautiful Data: A History of Vision and Reason since 1945 (Experimental Futures) Garden City: Work, Rest, and the Art of Being Human. Fear and Faith: Finding the Peace Your Heart Craves To Heaven and Back: The Journey of a Roman Catholic Priest Grieving the Child I Never Knew: A Devotional for Comfort in the Loss of Your Unborn or Newly Born Child A Doctor's Tools (Community Helpers and Their Tools) Why Suffering?: Finding Meaning and Comfort When Life Doesn't Make Sense Rainbow Warriors and the Golden Bow: Yoga Adventure for Children (Rainbow Warriors Yoga Series) Touching Heaven: A Cardiologist's Encounters with Death and Living Proof of an Afterlife Do Your Bit to Be Physically Fit! (Healthy Habits for a Lifetime) Machines of Loving Grace: The Quest for Common Ground Between Humans and Robots Husband After God: Drawing Closer To God And Your Wife

[Dmca](#)